UNITY4KIDS, INC.

Faith that unites. Hope that inspires. Impact that lasts.

Unity4Kids delivers **free hot, nutritious meals** to individuals and families facing food insecurity, disability, illness, or housing instability in **Rockbridge County**. No referral needed. All services are free.

BUENA VISTA

Community Meal Delivery Schedule

Date
Thursday, May 7, 2026
Thursday, May 21, 2026
Thursday, June 4, 2026
Thursday, June 18, 2026
Thursday, July 9, 2026
Thursday, July 23, 2026
Thursday, August 6, 2026
Thursday, August 20, 2026
Thursday, September 10, 2026
Thursday, September 24, 2026
Thursday, October 8, 2026
Thursday, October 22, 2026
Thursday, November 5, 2026
Wednesday, November 19, 2026 GRATEFUL TOGETHER MEAL ★
Saturday, November 21, 2026 THANKSGIVING MEAL ★
Thursday, December 3, 2026
Thursday, December 17, 2026

LEXINGTON

Community Meal Delivery Schedule

Date
Tuesday, May 12, 2026
Tuesday, June 2, 2026
Tuesday, June 23, 2026
Tuesday, July 14, 2026
Tuesday, July 28, 2026
Tuesday, August 11, 2026
Tuesday, August 25, 2026
Tuesday, September 15, 2026
Tuesday, September 29, 2026
Tuesday, October 13, 2026
Tuesday, October 27, 2026
Tuesday, November 10, 2026
Wednesday, November 19, 2026 GRATEFUL TOGETHER MEAL ★
Tuesday, December 8, 2026
Tuesday, December 22, 2026

★ Denotes special community events open to all • Schedules subject to change — contact Unity4Kids for updates

HOW TO REQUEST A MEAL

1. Contact us by phone, email, or submit a request on our website.
2. We'll match you to the right program or partner organization.
3. Receive support — no paperwork, no judgment, no cost.

Tel: 540-784-2659 **Web: www.unity4kids.org** **Email: tammy@unity4kids.org**

Donate: givebutter.com/unity4kids | Text **Unity4Kids** to **53555** | Venmo: **@Tammy-Reid-63**

Unity4Kids, Inc. • 30 Stone House Lane, Lexington, VA 24450 • 501(c)(3) Nonprofit • Founded October 2024
Serving Rockbridge County • No referral needed • All services are free